



Refuge de Mayères
Hike and restaurant
1600 m

LEVEL
★★★★☆
Elevation 600 m, distance 7 km

DURATION
2 h to the restaurant

MAYERES FACING MONT BLANC

Mixt hike forest-rocks-meadows

Discover panoramic landscapes, Mont Blanc by walking on the opposite mountain

Eat in a typical farm restaurant facing Mont blanc

Varied rejuvenating route in the heart of the forest.

ANTICIPATE

- Proper walking shoes
- Sunscreen and hat
- Trekking poles (not essential but advised)
- Booking needed: Robert phone
+33681071636 or +33450782928

COST

No menu choice.
Day special: 20 €
Doesn't take credit card, don't forget your money.

TIPS

- Better to go when weather is clear.
- The **Mayères refuge** is located below the "4 têtes" massif, find your way with the windsock.
- Go to the toilet and check-out the posters about the James Bond movie shot there in 2000: "The World Is Not Enough" Brosnan/Marceau



DIRECTIONS

Direction Sallanches (30 minutes) Burzier Parking (start at the end of the park lot).

1. take the small path through the forest
2. it crosses the Cornache river several times that runs from Mayères
3. 1st crossroad take right to Mayères
4. 2nd one straight on then follow signposts
5. look for the windsock, the restaurant is next to it.
6. return by taking another road via Tornieux, another refuge back to the car park.

